

SUPPORT FOR YOUR PATIENTS

Our services to support people
affected by breast cancer

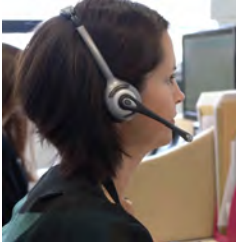


**BREAST
CANCER
NOW**

The research
& care charity

COMPLEMENTING YOUR CLINICAL CARE

We're here to help support your patients through breast cancer treatment and beyond. Our services can improve patients' overall wellbeing, support people experiencing treatment side effects and ensure they can talk to others in a similar situation.



Breast care nurses and highly trained staff on our free and confidential **Helpline** are here for anyone affected by breast cancer. Call **0808 800 6000** or email **nurse@breastcancer.org**

Our online **Forum** is also a great way to get support from a growing community of people affected by breast cancer and experts who understand what they're going through. There are hundreds of topics to explore and it's easy to join at **forum.breastcancer.org**



Our **Someone Like Me** service puts primary breast cancer patients in touch with a volunteer who has had experience of breast cancer and has been trained to support others. It gives patients the chance to speak to someone with a personal experience of what they're going through, who can listen to any challenges and worries they might have..

Whatever the concerns, support is just a phone call or email away. Find out more at **breastcancer.org/support**



With **Becca**, the breast cancer support app, your patients can carry on getting support even when they've finished treatment. Our free mobile app offers tailored strategies and bite-sized tips to help patients move forward after treatment. They'll receive daily information and support from specialists and trusted online sources. Download from the App Store or Google Play.

GROUP SUPPORT SERVICES



Finishing treatment at hospital can mean patients are leaving behind the routine and support they've become used to. **Moving Forward Online** supports people to adjust to life after treatment. On this course, people can hear from experts and share experiences, with other people coming to the end of their hospital-based treatment for primary breast cancer. This course is available online all day, every day.



If you have a patient under 45 with breast cancer, they can feel particularly isolated. That's why we created **Younger Women Together Online**. It includes live talks from expert speakers, focussing on topics relevant to younger women and with an opportunity to ask questions. We also host meetings for younger women on Zoom where they can share their experiences of the impact of breast cancer.



Living with Secondary Breast Cancer Online is hosted in a private confidential space where patients can get specialist information and share experiences, understanding and support with other people dealing with the uncertainty and challenges secondary breast cancer brings. Our online services now include live Zoom sessions and group support.

To find out more or book a place for your patients, call our Services Support Team on **0345 077 1893**, email **services@breastcancer.org** or go online at **breastcancer.org/services**



Scan the QR code to go directly to our services sign-up page.

BREAST CANCER

NOW The research
& care charity

At Breast Cancer Now we're powered by our life-changing care. Our breast care nurses, expertly trained staff and volunteers, and award-winning information make sure anyone diagnosed with breast cancer can get the support they need to help them to live well with the physical and emotional impact of the disease.

We're here for anyone affected by breast cancer. And we always will be.

For breast cancer care, support and information, call us free on **0808 800 6000** or visit **breastcancernow.org**

Breast Cancer Now

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Breast Cancer Now is a charity registered in England and Wales (1160558), Scotland (SC045584) and the Isle of Man (1200).

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