



In aid of
**BREAST
CANCER
NOW** The research &
support charity

HOW YOUR AFTERNOON TEA HELPS

"Hi, I'm Sonia. I support people with primary breast cancer through our online, telephone and face-to-face services. I make sure they feel supported every step of the way, helping them cope with the challenges of diagnosis, treatment and recovery."

How does the amazing work you do impact people with breast cancer?

"As a clinical nurse specialist, I help people navigate their treatment journey. I offer them health information to help reduce anxiety and empower them to make informed decisions."

How does the money raised at Afternoon Teas help?

"The funds raised help us advance breast cancer research, improve treatment options and provide emotional and practical support for people affected by breast cancer."

How do you enjoy an Afternoon Tea?

"For me, Afternoon Tea would involve a strong cup of tea and good conversation with family and friends. And I wouldn't say no to a Victoria sponge!"

THANK YOU



Breast Cancer Now is a charity registered in England and Wales (1160558), Scotland (SC045584) and the Isle of Man (1200).

Sonia, clinical nurse specialist
at Breast Cancer Now