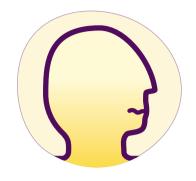
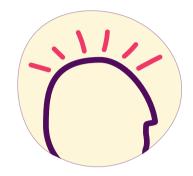
## **POSSIBLE SIGNS OF** SECONDARY (METASTATIC) BREAST CANCER

Tell your breast care nurse or GP if you have symptoms that are new, don't have an obvious cause and don't go away.



Feeling sick most of the time



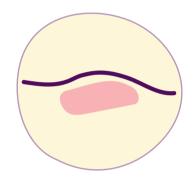
Severe or ongoing headaches



A dry cough or feeling out of breath



Not being able to go to the toilet (constipation)



Any lumps or swellings under your arm, breastbone or collarbone



Discomfort or swelling under the ribs or across the upper abdomen



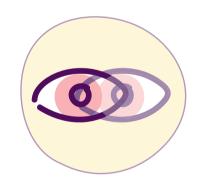
Loss of balance or any weakness or numbness of the limbs



Feeling full quickly when eating or changes to appetite



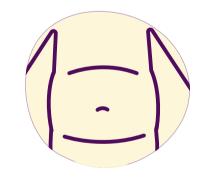
Feeling much more tired than usual



Altered vision or speech



Unexpected weight loss and a loss of appetite



Feeling bloated



Pain in your bones, for example in the back, hips or ribs, that doesn't get better with pain relief and may be worse at night



We're here

To find out more about secondary breast cancer, visit breastcancernow.org/sbcsymptoms

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